

# *Dr. Anil Shetty*

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## INSTRUCTIONS FOR PATIENTS WHO WILL BE RECEIVING ORAL SEDATION

### *Before your appointment*

1. You must arrange to have someone drive you home at the end of your appointment and assist you to your door. You should not go home by public transit.
2. Do not wear facial makeup or nail polish. Wear comfortable, casual and loose fitting clothing.
3. Contact us prior to the appointment if there has been a change in your general health (such as severe cold, fever, etc.)
4. Nothing to eat or drink 2 hours before the procedure.
5. Make a trip to the washroom just prior to being seated.

### *Following your appointment*

1. You must **NOT** drive a car or operate machinery for at least 18 hours. You may be drowsy for the remainder of the day and should be recovering at home in the care of a responsible adult until you are fully alert.
2. Do not travel by public transit.
3. Do not drink any alcoholic beverages for the remainder of the day.
4. If there are any questions, do not hesitate to call our office at **519-576-7262**.