

Westgag Dental

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IMMEDIATE DENTURES

The immediate denture is also known as a 'Transitional' denture because it is to act as a splint for the period of bone and tissue healing. It is prefabricated and is to be worn immediately upon removal of teeth so that you do not have to walk around with missing teeth.

Here are some additional points:

1) There will be some pain and swelling, depending on the difficulty of the extractions. Keep the denture in for the first 24 hours. It will act like a compression bandage to keep the swelling and bleeding to a minimal.

2) You will have an excess of saliva which will be pink with blood. There also will be a bad taste which will improve daily. Rinse your mouth with warm salt water. Clean your denture with a denture brush and a mild soap solution. You could also use a denture cleanser such as Polident. Make sure you wash the dentures well before wearing them.

3) DIET

(Day 1-3): Essentially a soft diet such as fruit juices, instant breakfasts, scrambled eggs, oatmeal, soups, puddings, rice, fish and blended vegetables.

(Day 4-21): You could gradually progress to eating more regular food such as meat and hamburger dishes, souffles and omelettes, tuna casserole, spaghetti, lasagne, french toast, mashed potatoes, bananas, peaches etc.

4) FUTURE RELINE:

As the tissue and bone heals, your gums will shrink. The denture will begin to get loose and unstable. A reline can be done within 2-3 months after most of the healing has taken place. Future relines 1-2 years later may also be needed.