

Westgage Dental

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TEMPORARY CROWNS/BRIDGES

You have just received a **temporary** crown. This crown is meant only to serve your needs while a **permanent** crown is being made for you. The **colour, shape and size** of the plastic temporary crown does not resemble the final crown in any way. The temporary crown will help hold the space and protect the tooth. Because it does not fit your tooth as exact as the permanent crown, you may notice **sensitivity** to heat, cold, or sweets.

GENERAL INFORMATION:

- 1) Your tooth/teeth may ache for the first few days after the crown preparation. Take any medications we have recommended. Rinsing with warm salt water can help sore gum tissue.
- 2) The temporary cement requires about 30 minutes to set. Do not chew on the tooth for this period of time.
- 3) Certain foods will stick to the crown and may dislodge it. Avoid chewing gum, sticky or hard candies, carrots, nuts, bones (these may even break the plastic crown).
- 4) The temporary crown may break or come off. Contact us immediately if this happens and bring the crown with you. We can quickly replace it. Should you be unable to contact us, fill the crown with Vaseline or a little bit of chewing gum and place it back on the tooth until you can contact us. **Do not** leave the crown off the tooth. The adjacent teeth can shift, resulting in a poor fit of the permanent crown.
- 5) Do not brush or floss too vigorously around your temporary crown. Always pull the floss through the contact, not up. Keeping the area clean will make it easier to place the permanent crown.
- 6) It is imperative that you return to our office at the appointed time for your permanent crown. Failure to do so may result in the need to re-prepare the tooth and re-make the crown at your cost.